

BRITTANY THOMPSON

Author | Founder, Breathe for Xavier | Faith & Grief Advocate

Author of *Breathing for Xavier*

A Mother's Journey Through Loss, Faith, and Purpose

"My testimony is not that God removed my grief. It is that He taught me how to keep living while carrying it."

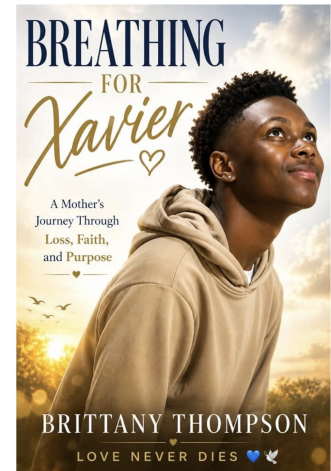


ABOUT BRITTANY

Brittany Thompson is a Houston-area mother, author, and founder of Breathe for Xavier. After the unexpected death of her 13-year-old son, Xavier, on November 15, 2024, Brittany's life and faith changed completely. She began sharing an honest journey through child loss, grief, and learning to live again while still deeply loving and missing her son. Her experience led her to create Breathe for Xavier and write *Breathing for Xavier: A Mother's Journey Through Loss, Faith, and Purpose*. Her message centers on finding God in suffering, allowing grief and faith to coexist, and discovering purpose after unimaginable loss.

INTERVIEW TOPICS

- Child loss and the reality of continuing to live after devastating grief
- How grief transformed Brittany's relationship with God
- Faith, questioning God, and finding Him in suffering
- Turning pain into purpose without minimizing the pain
- Motherhood after the loss of a child
- Breathe for Xavier and medical emergency preparedness in schools



THE BOOK

Breathing for Xavier is Brittany Thompson's deeply personal account of losing her 13-year-old son and navigating the grief, faith, questions, and purpose that followed. The book speaks to grieving parents and anyone trying to find God and meaning after life changes in an instant.

Available now on Amazon

BREATHE FOR XAVIER

Founded in Xavier's memory, Breathe for Xavier raises awareness around medical emergency preparedness in schools, supports families, and carries Xavier's legacy forward through advocacy, awareness, and purpose.

MEDIA / INTERVIEW CONTACT

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